

[24/10/2009 8:14:36 AM] *** Interactive Fitness and Exergame Network added Sheryl ***

[24/10/2009 8:14:39 AM] *** Interactive Fitness and Exergame Network added Ed Kasanders ***

[24/10/2009 8:14:42 AM] *** Interactive Fitness and Exergame Network added Lisa Hansen ***

[24/10/2009 8:14:45 AM] *** Interactive Fitness and Exergame Network added Gamercize UK ***

[24/10/2009 8:14:56 AM] *** Interactive Fitness and Exergame Network added Mark Martens ***

[24/10/2009 8:15:13 AM] *** Interactive Fitness and Exergame Network added Tommy Seilheimer ***

[24/10/2009 8:15:24 AM] Tommy Seilheimer: much better for me

[24/10/2009 8:15:38 AM] *** Interactive Fitness and Exergame Network added Helena Baert ***

[24/10/2009 8:16:13 AM] Interactive Fitness and Exergame Network: Update regarding PETE converence

[24/10/2009 8:16:24 AM] Lisa Hansen: ok

[24/10/2009 8:17:21 AM] *** Interactive Fitness and Exergame Network added Stephen Yang ***

[24/10/2009 8:19:01 AM] Interactive Fitness and Exergame Network: Points from PETE: Emphasis needed on the application of Exergaming

[24/10/2009 8:19:28 AM] Interactive Fitness and Exergame Network: Lost your voice Lisa

[24/10/2009 8:21:13 AM] Interactive Fitness and Exergame Network: Hello Helena are you hearing us okay?

[24/10/2009 8:21:21 AM] Helena Baert: yep

[24/10/2009 8:21:37 AM] Interactive Fitness and Exergame Network: great :) Thank you for coming online, we understand your very busy

[24/10/2009 8:21:46 AM] Interactive Fitness and Exergame Network: grant writingouch

[24/10/2009 8:22:26 AM] Interactive Fitness and Exergame Network: Comments regarding general technology takeup in PE

[24/10/2009 8:22:43 AM] Helena Baert: polar is just too expensive.... take it or leave it... many people do not want polar

[24/10/2009 8:24:57 AM] Interactive Fitness and Exergame Network: Helena giving her views on the PETE

[24/10/2009 8:25:36 AM] Stephen Yang: Polar is too buggy too (hardware and software)

[24/10/2009 8:26:41 AM] Interactive Fitness and Exergame Network: I have a lot of experience with Suunto, but its not any cheaper than Polar, both of which are Finnish by the way

[24/10/2009 8:27:03 AM] Interactive Fitness and Exergame Network: Suunto has excellent realtime PC monitoring capability

[24/10/2009 8:28:05 AM] Stephen Yang: Polar just released a group monitoring system.

[24/10/2009 8:28:26 AM] Stephen Yang: Polar is also trying a web interface

[24/10/2009 8:28:35 AM] Interactive Fitness and Exergame Network: really?...okay, Suunto have a group system as well

[24/10/2009 8:28:53 AM] Interactive Fitness and Exergame Network:
<http://www.polar.fi/en/>

[24/10/2009 8:28:56 AM] Stephen Yang: Polar

[24/10/2009 8:29:01 AM] Gamercize UK: The group monitoring at Stephen's AAHPERD system was awesome

[24/10/2009 8:29:16 AM] Gamercize UK: you could see those not working so hard - all on one screen

[24/10/2009 8:29:40 AM] Stephen Yang: Polar's group system - The standard system with 10 transmitters is \$4000 and the supplementary kits are \$2000 each.

Stephen Yang

[24/10/2009 8:29:58 AM] Gamercize UK: was that the one you used at AAHPERD Stephen?

[24/10/2009 8:29:59 AM] Interactive Fitness and Exergame Network: great thanks Stephen

Stephen Yang

[24/10/2009 8:31:13 AM] Alasdair Thin: Thanks Stephen - only out by 50%!

Stephen Yang

[24/10/2009 8:31:29 AM] Interactive Fitness and Exergame Network: check the file name Stephen

Stephen Yang

[24/10/2009 8:34:34 AM] Interactive Fitness and Exergame Network: Point: Is there enough information available for policy makers to locate technology PE solutions.

[24/10/2009 8:36:39 AM] Helena Baert: true to that!

[24/10/2009 8:36:59 AM] Gamercize UK: No dropping the W-Bomb

[24/10/2009 8:37:10 AM] Gamercize UK: lol

[24/10/2009 8:37:20 AM] Helena Baert: W-bomb?

[24/10/2009 8:37:29 AM] Gamercize UK: Wii

[24/10/2009 8:37:33 AM] Helena Baert: oh ok

[24/10/2009 8:37:33 AM] Interactive Fitness and Exergame Network: lol

[24/10/2009 8:38:11 AM] Helena Baert: yes but that is not specific to exergames... it is to all PE

[24/10/2009 8:38:51 AM] Helena Baert: exactly.... skill development vs PA

[24/10/2009 8:39:21 AM] Helena Baert: I can attest to that

[24/10/2009 8:40:40 AM] Interactive Fitness and Exergame Network: What do they understand is *

[24/10/2009 8:40:45 AM] Interactive Fitness and Exergame Network: exergaming*

[24/10/2009 8:40:47 AM] Interactive Fitness and Exergame Network: ?

[24/10/2009 8:41:01 AM] Interactive Fitness and Exergame Network: DDR only or is it more far flung

[24/10/2009 8:41:21 AM] Helena Baert: yep!

[24/10/2009 8:43:40 AM] Gamercize UK: w-bomb :|

[24/10/2009 8:45:46 AM] Gamercize UK: Australia's focus = sport

[24/10/2009 8:45:50 AM] Gamercize UK: for PE

[24/10/2009 8:46:41 AM] Gamercize UK: Canada = Focus on Skill development for PE

[24/10/2009 8:47:02 AM] Gamercize UK: US = focus on energy for PE(???)

[24/10/2009 8:47:27 AM] Gamercize UK: Uk = Focused on competition for PE

[24/10/2009 8:48:38 AM] Lisa Hansen: what do you mean focus on competition for PE?

[24/10/2009 8:48:40 AM] Gamercize UK: Oz has no funding from government

[24/10/2009 8:49:07 AM] Gamercize UK: Uk PE is focused on school competition, so athletics and inter school competetions

[24/10/2009 8:50:08 AM] Alasdair Thin: Helena - could you just clarify what you see as difference between EU CA and US?

[24/10/2009 8:50:11 AM] Helena Baert: health and PE are integrated in some provinces in Canada... In US, most seperated right? difference courses...

[24/10/2009 8:50:32 AM] Helena Baert: EU - Belgium: K-12 PE - focus on skills development

[24/10/2009 8:51:02 AM] Sheryl: yes, in US, PE is typically focused on being active outside or in the gym, health classes are another part of inclass type curriculum

[24/10/2009 8:51:19 AM] Helena Baert: CA: Manitoba K-12 MANDITORY PE - Integrated PE/Health - Daily PE for K-8! Focus on Skill K-6, tactics, sport - 7-12

[24/10/2009 8:51:20 AM] Alasdair Thin: In UK they are trying to standardize - more emphasis on non-competitive activities

[24/10/2009 8:51:23 AM] Interactive Fitness and Exergame Network: Thank you Stephen

[24/10/2009 8:51:45 AM] Interactive Fitness and Exergame Network: Gott run and get the kids. Hope to catch up with you all later. Debate ON my friends!

[24/10/2009 8:51:53 AM] Helena Baert: Thanks SHeryl... that is what I have observed here... was not sure if that is always the case

[24/10/2009 8:52:37 AM] Helena Baert: from what I have read.. nothing in terms of skill

[24/10/2009 8:52:50 AM] Helena Baert: Sports.... humnnnn have not heard of..

[24/10/2009 8:52:58 AM] Helena Baert: Mainly focused on energy expenditure

[24/10/2009 8:53:38 AM] Gamercize UK: cheers stephen, ahe a great weekend!

[24/10/2009 8:55:01 AM] Helena Baert: create a scaffolding plan

[24/10/2009 8:55:36 AM] Helena Baert: building your exergame repitoire step by step... so which games to include first... or should there be a choice

[24/10/2009 8:56:47 AM] Helena Baert: recreational facilities... wellness ... great sites to have them!

[24/10/2009 8:56:58 AM] Helena Baert: YMCA

[24/10/2009 8:57:38 AM] Ed Kasanders: In the US: they are the after-school programs.

[24/10/2009 8:58:00 AM] Tommy Seilheimer: :)

[24/10/2009 8:59:49 AM] Ed Kasanders: Staff is a key - they have to buy into any program. If school, they need to commit.

[24/10/2009 9:00:33 AM] Tommy Seilheimer: We get the same here

[24/10/2009 9:01:20 AM] Helena Baert: interesting!

[24/10/2009 9:03:26 AM] Tommy Seilheimer: exactly! LOL

[24/10/2009 9:03:31 AM] Gamercize UK: Exergaming is better described as a fitness solution

[24/10/2009 9:03:36 AM] Gamercize UK: or a PE solution

[24/10/2009 9:03:54 AM] Ed Kasanders: we have some experimental sites, that are bringing outside personal into the schools to implement a P.E. Wellness program.

[24/10/2009 9:04:36 AM] Interactive Fitness and Exergame Network: great Ed!

[24/10/2009 9:04:48 AM] Helena Baert: Would work amazingly well in Belgium I know... many recreational facilities

[24/10/2009 9:05:03 AM] Interactive Fitness and Exergame Network: okay, it probably would Helena

[24/10/2009 9:05:17 AM] Helena Baert: Here I notice there are gyms and than universities...

[24/10/2009 9:07:49 AM] Helena Baert: yes

[24/10/2009 9:08:00 AM] Interactive Fitness and Exergame Network: yep, that is crucial!!

[24/10/2009 9:08:01 AM] Helena Baert: believe that is for AAHPERD Alone.... noooooo

[24/10/2009 9:08:40 AM] Tommy Seilheimer: 1000% agree with Lisa

[24/10/2009 9:10:59 AM] Helena Baert: still here

[24/10/2009 9:11:01 AM] Tommy Seilheimer: *duck

[24/10/2009 9:11:52 AM] Helena Baert: ok... that being said ... from Lisa... maybe a mobile lab to go around universities. states, I dunno... to let them experience it

[24/10/2009 9:12:08 AM] Helena Baert: Should we really wait to get them to experience it until a conference?

[24/10/2009 9:13:04 AM] Ed Kasanders: a mobile exergame lab would be great!

[24/10/2009 9:13:53 AM] Helena Baert: true

[24/10/2009 9:13:54 AM] Tommy Seilheimer: I agree

[24/10/2009 9:14:05 AM] Gamercize UK: UNderestimated exertion in active gaming/exergaming

[24/10/2009 9:14:19 AM] Gamercize UK: puts PETE professionals off

[24/10/2009 9:14:39 AM] Tommy Seilheimer: good points

[24/10/2009 9:16:07 AM] Helena Baert: that is key.... used appropriate

[24/10/2009 9:18:31 AM] Gamercize UK: Molbile exergaming is highly desirable

[24/10/2009 9:19:06 AM] Gamercize UK: Example (apologies for the GZ spam)

http://2.bp.blogspot.com/_OhqV41UhwEc/SSWf-cQBDHI/AAAAAAAAAZ0/loG8eRf4QbU/s1600-h/izone.jpg

[24/10/2009 9:19:40 AM] Tommy Seilheimer: I like GZ spam

[24/10/2009 9:19:45 AM] Gamercize UK: lol

[24/10/2009 9:20:19 AM] Helena Baert: PETE programs may not wish to implement it until a curriculum and implementation guide has been established...???

[24/10/2009 9:21:28 AM] Helena Baert: wellness fairs.... in universities, schools

[24/10/2009 9:23:11 AM] Interactive Fitness and Exergame Network: Same idea at a national level here

[24/10/2009 9:23:12 AM] Interactive Fitness and Exergame Network: http://www.achper.org.au/__files/f/902/1.pdf

[24/10/2009 9:23:31 AM] Interactive Fitness and Exergame Network: Australian Council for Health, Physical Education and Recreation

[24/10/2009 9:24:16 AM] Helena Baert: gotta go.. great to meet everyone... keep me in the loop :)

[24/10/2009 9:24:22 AM] Tommy Seilheimer: bye :)

[24/10/2009 9:24:28 AM] Helena Baert: bye

[24/10/2009 9:24:29 AM] Gamercize UK: thanks Helena - great to have you on

[24/10/2009 9:24:30 AM] Interactive Fitness and Exergame Network: okay Helena, thank you so much for making the time

[24/10/2009 9:24:31 AM] Interactive Fitness and Exergame Network: :)

[24/10/2009 9:24:38 AM] Helena Baert: yw :D ttyl

[24/10/2009 9:24:52 AM] Interactive Fitness and Exergame Network: (wave)

[24/10/2009 9:25:29 AM] Interactive Fitness and Exergame Network: Discussion: Serious Games Korea

[24/10/2009 9:25:43 AM] Tommy Seilheimer: South Korea Serious Games Festival - South Korea

http://motionfitness.smugmug.com/Distribution/ExerGameKorea/9790954_Sxdcc#664309718_JttkX

[24/10/2009 9:26:10 AM] Interactive Fitness and Exergame Network: thanks Tommy

[24/10/2009 9:26:16 AM] Tommy Seilheimer: :)

[24/10/2009 9:28:39 AM] Gamercize UK: Korea gaming focus online PC gaming

[24/10/2009 9:29:48 AM] Gamercize UK: Serious Games KOrea / 1st few days - policy markers gpvernment / schools "serious side"

[24/10/2009 9:30:19 AM] Gamercize UK: next couple of days - school children invited, "fun side"

[24/10/2009 9:30:45 AM] Gamercize UK: good mix of hand-on experience which was lacking from PETE conference

[24/10/2009 9:31:07 AM] Gamercize UK: Brett just dropped a w-bomb :|

[24/10/2009 9:35:12 AM] Interactive Fitness and Exergame Network: Welcome back Stephen

[24/10/2009 9:35:28 AM] Interactive Fitness and Exergame Network: Just talking about the Serious Games conference in Korea

[24/10/2009 9:38:24 AM] Interactive Fitness and Exergame Network: welcome back back Stevo:)

[24/10/2009 9:43:47 AM] Sheryl: thats the hard part....its hard to do research without any funding

[24/10/2009 9:44:27 AM] Interactive Fitness and Exergame Network: good point

[24/10/2009 9:44:49 AM] Sheryl: the Korean Govt

[24/10/2009 9:44:52 AM] Sheryl: correct?

[24/10/2009 9:44:56 AM] Gamercize UK: yep

[24/10/2009 9:45:15 AM] Ed Kasanders: \$60,000,000.00 from Korean government for Serious Games.

[24/10/2009 9:45:20 AM] Sheryl: exactly...not in the US!! or other countries! (unfortunately). It seems the Korean's get it!

[24/10/2009 9:45:36 AM] Gamercize UK: time to get plane tickets?

[24/10/2009 9:45:44 AM] Ed Kasanders: I'm there.

[24/10/2009 9:45:46 AM] Sheryl: agreed!!!

[24/10/2009 9:47:57 AM] Ed Kasanders: right. the government wants that area to be the center of gaming, developinging, etc.

[24/10/2009 9:50:20 AM] Sheryl: that was hilarious...I think I'll blog about the new W- Drinking game!

[24/10/2009 9:50:34 AM] Gamercize UK: Great - awesome idea!

[24/10/2009 9:50:43 AM] Ed Kasanders: our goal is to promote the Active part of gaming. so get exergaming as a key component. not just developing traditional games.

[24/10/2009 9:54:46 AM] Ed Kasanders: watch your tongue

[24/10/2009 9:54:53 AM] Interactive Fitness and Exergame Network: lol

[24/10/2009 9:54:58 AM] Ed Kasanders: Sir Yang??

[24/10/2009 9:55:20 AM] Gamercize UK: <http://exergamelab.blogspot.com>

[24/10/2009 9:59:42 AM] Ed Kasanders:

<http://www.johnratey.com/newsite/index.html>

I'll see if I can get Dr. Ratey to give us some input into more of the benefits of exergaming and exercise. it is not just diet.

[24/10/2009 10:06:58 AM] Gamercize UK: What we learned on the call today:

[24/10/2009 10:07:06 AM] Gamercize UK: there is resreach, but it's not well known
[24/10/2009 10:07:51 AM] Ed Kasanders: right
[24/10/2009 10:08:20 AM] Gamercize UK: the aim is to produce visibility of current
resreach for current implementations
[24/10/2009 10:08:39 AM] Gamercize UK: looking to
<http://exergaming.pbworks.com> to make this happen
[24/10/2009 10:09:44 AM] Gamercize UK: Information should be global
[24/10/2009 10:13:21 AM] Sheryl: no worries...
[24/10/2009 10:13:48 AM] Gamercize UK:
[http://www.linkedin.com/groupAnswers?viewQuestionAndAnswers=&gid=129324&
discussionID=8776327](http://www.linkedin.com/groupAnswers?viewQuestionAndAnswers=&gid=129324&discussionID=8776327)
[24/10/2009 10:15:06 AM] Ed Kasanders: what is name of the group.
[24/10/2009 10:15:45 AM] Ed Kasanders: Have to join to see that link.
[24/10/2009 10:15:59 AM] Gamercize UK: Serious Games Research
[24/10/2009 10:16:11 AM] Ed Kasanders: Thanks guys, and girls
[24/10/2009 10:16:58 AM] Interactive Fitness and Exergame Network: Thanks Sheryl
and Ed
[24/10/2009 10:17:15 AM] Sheryl: Thanks blokes
[24/10/2009 10:17:31 AM] Sheryl: see you in Oz Dec 16th
[24/10/2009 10:17:32 AM] Interactive Fitness and Exergame Network: lol....no
worries lovey
[24/10/2009 10:17:52 AM] Ed Kasanders: out.
[24/10/2009 10:17:56 AM] *** Call ended ***