

[7:02:11 AM] \*\*\* Interactive Fitness and Exergame Network added Ed Kasanders \*\*\*

[7:02:18 AM] \*\*\* Interactive Fitness and Exergame Network added Sandra \*\*\*

[7:02:20 AM] \*\*\* Interactive Fitness and Exergame Network added Tommy Seilheimer \*\*\*

[7:02:24 AM] \*\*\* Interactive Fitness and Exergame Network added Biray Alsac \*\*\*

[7:02:30 AM] \*\*\* Biray Alsac has left \*\*\*

[7:02:35 AM] \*\*\* Interactive Fitness and Exergame Network added Helena Baert \*\*\*

[7:03:21 AM] Interactive Fitness and Exergame Network: Good Morning/Evening everyone

[7:05:00 AM] \*\*\* Call ended \*\*\*

[7:06:04 AM] \*\*\* Interactive Fitness and Exergame Network added stephenpyang \*\*\*

[7:06:15 AM] \*\*\* Interactive Fitness and Exergame Network added Alasdair Thin \*\*\*

[7:09:51 AM] \*\*\* Interactive Fitness and Exergame Network added Mark Martens \*\*\*

[7:12:56 AM] Sandra: # EXERGAMING 'EXPERIENCE' RATING SYSTEM

[7:13:44 AM] Interactive Fitness and Exergame Network:  
<http://exergaming.pbworks.com/Exergame-Rating-System>

[7:13:55 AM] Sandra: \* avaluating

[7:15:34 AM] Sandra: \* ??

[7:15:47 AM] Alasdair Thin: <http://www.slideshare.net/lizlyons/games-for-health-09-criticisms-of-exergaming-talk>

[7:17:01 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): Overview: What is the EERS and Why....

[7:18:31 AM] Alasdair Thin: <http://www.gamersizescience.org/2009/02/a-functional-approach-to-defining-exergaming/>

[7:19:36 AM] Sandra: \* talking about the categories

[7:20:17 AM] Sandra: \*\* motivation and engagement

[7:23:50 AM] Sandra: \*\*comment: new category: fitness level

[7:27:15 AM] Sandra: \*\*\* separate skill levels? beginner, mediate, advanced

[7:27:21 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): How do we rate the skill level ...

[7:28:47 AM] \*\*\* Helena Baert has left \*\*\*

[7:30:51 AM] Sandra: What kind of benefits does it have?

[7:31:16 AM] Sandra: (health benefits, special important for hospitals)

[7:36:20 AM] Sandra: energy expenditure is relative: play stile, experience, what ingame do you play, ...

[7:37:02 AM] Sandra: mandatory fields: exercise + gaming = categories

[7:39:08 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): more effective 'naming' of the catagories

[7:39:24 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): being discussed, particularly with Energy Expenditure

[7:40:59 AM] Interactive Fitness and Exergame Network: Discussing METs via O2 consumption

[7:42:42 AM] Interactive Fitness and Exergame Network: Excitement of the game raises HR, not genuine energy expenditure

[7:43:36 AM] Interactive Fitness and Exergame Network: EE in rating system is percived - is 0-10 a good scale, more descriptive ones required?

[7:45:26 AM] Interactive Fitness and Exergame Network: EE may be higher than perceived with exergames

[7:46:06 AM] Interactive Fitness and Exergame Network: exergames with arm movement may give disproportionate answers from ones with leg movement

[7:49:13 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): MET vs Perceived Exertion comparisons

[7:53:28 AM] Sandra: \* question: who will rate the games?

[7:53:36 AM] Sandra: \* answer: we all :)

[7:53:43 AM] Interactive Fitness and Exergame Network: :)

[7:55:54 AM] Sandra: Aim: help people to find out what they maybe would like to buy

[7:56:03 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): right Sandra

[7:57:21 AM] Interactive Fitness and Exergame Network: Looking at video games rating systems to use

[7:58:02 AM] Sandra: idea: new structure: gameplay and wellness as main categories?

[8:03:07 AM] Interactive Fitness and Exergame Network: Jillian Michaels Fitness "game" scores poorly against EA SPORTS Active, but how does it compare to Jillian Michaels fitness DVD?

[8:06:01 AM] Interactive Fitness and Exergame Network: what do consumers need to know?

[8:06:53 AM] Interactive Fitness and Exergame Network: Richard: Is this good for me and will it keep me interested enough to reach my goals

[8:07:03 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): Who is the audience for the rating system

[8:12:00 AM] Sandra: rating is different: point of view: fitness people, gamer, consumer, ...

[8:12:31 AM] Sandra: developer, game people

[8:15:09 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): hmm..good analysis Biray....cogs are turning :)

[8:16:34 AM] Interactive Fitness and Exergame Network: what do consumers need to know? Alasdair : good experience and health benefits (and coming back next week)

[8:19:03 AM] Sandra: \*question: motivation, engagement, fun = fun?

[8:20:38 AM] \*\*\* Call ended \*\*\*

[8:20:48 AM] \*\*\* Missed conference call. \*\*\*

[8:21:31 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>): problems mate?

[8:24:56 AM] \*\*\* Call from Tommy Seilheimer, duration 38:56. \*\*\*

[8:25:00 AM] \*\*\* Interactive Fitness and Exergame Network added Alasdair Thin \*\*\*

[8:25:10 AM] \*\*\* Interactive Fitness and Exergame Network added Biray Alsac \*\*\*

[8:25:17 AM] \*\*\* Interactive Fitness and Exergame Network added Sandra \*\*\*

[8:25:23 AM] \*\*\* Interactive Fitness and Exergame Network added Tommy Seilheimer \*\*\*

[8:25:36 AM] Biray Alsac: [http://www.esrb.org/ratings/ratings\\_guide.jsp](http://www.esrb.org/ratings/ratings_guide.jsp)

[8:26:18 AM] Sandra: Biray what country? USA ?

[8:26:24 AM] Interactive Fitness and Exergame Network: Oops - that's all I have to say :)

[8:26:34 AM] Interactive Fitness and Exergame Network: Biray = AZ -> FL :)

[8:27:05 AM] Sandra: Nice compare: age rating = fitness rating :)

[8:27:48 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>):  
Latch onto existing rating systems for video games

[8:28:12 AM] Sandra: that some more groups are wishing to have ;)

[8:28:22 AM] Sandra: the cover will be all over with ratings :)

[8:29:32 AM] Interactive Fitness and Exergame Network: Review = opinion, Rating = Claim

[8:30:14 AM] Interactive Fitness and Exergame Network: Welcome Tommy!

[8:32:52 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>):  
<http://exergaming.pbworks.com/EERS-Test-Table>

[8:33:26 AM] Interactive Fitness and Exergame Network: rate from personal impressions

[8:33:56 AM] Interactive Fitness and Exergame Network: Eyetoy Play

[8:34:14 AM] Interactive Fitness and Exergame Network: "Game Bike"

[8:35:08 AM] Sandra: idea: rate by genre: bikes, board, dance games, ...

[8:38:53 AM] Interactive Fitness and Exergame Network: "Light Wall"

[8:41:34 AM] Sandra: missing: pedometer mobil games, dance pad games, boards (virtual board, xboard,...), dance game without dance pads: e.g. just with wii mote

[8:42:36 AM] Sandra: board game = balance board games

[8:42:40 AM] Interactive Fitness and Exergame Network: "balance board games" -wii fit

[8:43:33 AM] Interactive Fitness and Exergame Network: skate board games?

[8:45:05 AM] Sandra: <http://www.sensamove.com/>

[8:45:20 AM] Sandra: <http://www.sensamove.com/joomla/images/stories/knop-home-software.gif>

[8:47:06 AM] Sandra: \* Pilot Test?

[9:00:24 AM] Sandra: next steps:

[9:00:44 AM] Sandra: \* brett tweaks the wiki

[9:00:59 AM] Sandra: \* round robin of 10 people rate some games

[9:02:35 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>):  
Please if anyone wants to contact me directly please do so...email, skype etc

[9:02:45 AM] Brett ([www.exergamingfinland.com](http://www.exergamingfinland.com), <http://exergamingaustralia.com>):  
Much appreciated everyone, thank you so much

[9:03:56 AM] \*\*\* Call ended \*\*\*