[7:57:41 AM] *** Call to Stephen Yang, duration 1:13:29. ***
[8:00:30 AM] *** Interactive Fitness and Exergame Network added Emily Rosenberry ***
[8:00:44 AM] *** Interactive Fitness and Exergame Network added Ernie Medina, Jr. ***
[8:00:48 AM] *** Interactive Fitness and Exergame Network added Helena Baert ***
[8:00:53 AM] *** Interactive Fitness and Exergame Network added Tommy Seilheimer ***
[8:01:00 AM] *** Interactive Fitness and Exergame Network added Mark Martens ***
[8:02:22 AM] Emily Rosenberry: Can you add Ole? :) (ole.hoie)
[8:02:33 AM] Emily Rosenberry: thanks.
[8:02:43 AM] Gamercize UK: Hiya Emily!!
[8:03:00 AM] *** Gamercize UK has changed the conversation topic to "Exergaming Message - How to deliver it with social media" ***
[8:03:10 AM] Emily Rosenberry: hi :)
[8:03:30 AM] Gamercize UK: how's san deiago?
[8:03:34 AM] Gamercize UK: diego
[8:03:39 AM] Emily Rosenberry: its great!
[8:03:58 AM] Emily Rosenberry: good company, nice view...can't complain!
[8:03:59 AM] Gamercize UK: cool, saw the pics, am very jealous!
[8:04:09 AM] Emily Rosenberry: well, come visit!
[8:04:27 AM] Tommy Seilheimer: :)
[8:05:01 AM] Emily Rosenberry: ole.hoie
[8:05:04 AM] *** Interactive Fitness and Exergame Network added Sandra ***
[8:05:18 AM] Sandra: hi
[8:06:09 AM] Tommy Seilheimer: Its Seaword o'Clock
[8:06:14 AM] Tommy Seilheimer: world
[8:06:24 AM] Interactive Fitness and Exergame Network: lol Tommy
[8:06:30 AM] *** Interactive Fitness and Exergame Network added Alasdair Thin ***
[8:06:30 AM] Emily Rosenberry: yes, they went yesterday to Seaworld :)
[8:08:02 AM] *** Interactive Fitness and Exergame Network added Ole Petter Høie ***
[8:10:15 AM] Tommy Seilheimer: I like it!
[8:10:23 AM] Interactive Fitness and Exergame Network: :)
[8:12:26 AM] *** Interactive Fitness and Exergame Network added Ed Kasanders ***
Interactive Fitness and Exergame
[8:19:28 AM] Interactive Fitness and Exergame Network: The document needs some 'refinement' to make it more polished and perhaps more 'exciting' so please feel free to contribute some suggestions in that regard
[8:20:34 AM] Interactive Fitness and Exergame Network: What we want to discuss today, primarily, is the best strategy for releasing the document. Who do we release it to for instance
[8:20:51 AM] Interactive Fitness and Exergame Network: It wil be a pre-xmas release
[8:21:07 AM] Gamercize UK: Change Wii Fit 2 to Wii Fit plus
[8:21:28 AM] Gamercize UK: Add FitClub to cat 4
[8:21:32 AM] Ed Kasanders: "Makoto" spelling
[8:22:07 AM] Interactive Fitness and Exergame Network: done

[8:22:10 AM] Ed Kasanders: Myself and Tommy will review with any changes.
[8:22:20 AM] Interactive Fitness and Exergame Network: great, sure guys!
[8:22:32 AM] Interactive Fitness and Exergame Network: you both have basecamp access of course
[8:26:30 AM] Interactive Fitness and Exergame Network: Major press release cost around 500
[8:26:51 AM] Tommy Seilheimer: Press Release 365 is solid too. All SEO based for $99.00. They have analytics insertions as well to track - traffic patterns.... just an idea
[8:27:09 AM] Tommy Seilheimer: I like then too
[8:27:39 AM] Tommy Seilheimer: very nice...
[8:30:20 AM] Ed Kasanders: What do you think the 'Academics' portion of Exergaming.
[8:30:30 AM] Interactive Fitness and Exergame Network: done
[8:30:43 AM] Interactive Fitness and Exergame Network: highlights replaces 'recommends'
[8:32:32 AM] Gamercize UK: Exergaming
[8:32:35 AM] Gamercize UK: ExerGaming
[8:32:39 AM] Gamercize UK: Exer-Gaming
[8:32:45 AM] Ed Kasanders: wikipedia format is Exergaming.
[8:32:55 AM] Gamercize UK: Go with Ed!
[8:33:49 AM] Tommy Seilheimer: I have your back!
[8:33:49 AM] Gamercize UK: Oh ha, Bre-tt
[8:33:57 AM] Interactive Fitness and Exergame Network: lol
[8:34:31 AM] Tommy Seilheimer: http://en.wikipedia.org/wiki/Comma_splice
[8:34:37 AM] Gamercize UK: lol
[8:34:42 AM] Gamercize UK: ;
[8:35:17 AM] Tommy Seilheimer: Alas-Dair!
[8:35:26 AM] Interactive Fitness and Exergame Network: lol
[8:35:35 AM] Interactive Fitness and Exergame Network: Alice-dear
[8:35:50 AM] Tommy Seilheimer: (y) Hi Bi-Ray!
[8:37:21 AM] *** Interactive Fitness and Exergame Network added Biray Alsac ***
[8:37:34 AM] Tommy Seilheimer: WELCOME!
Interactive Fitness and Exergame
[8:38:30 AM] Alasdair Thin: Experts highlight 5 different forms of Exergaming fun
[8:39:22 AM] Sandra: who is target group?
[8:39:35 AM] Interactive Fitness and Exergame Network: General public
[8:39:42 AM] Sandra: business people, fitness club owners or private people
[8:39:54 AM] Sandra: * exergaming is explained to late
[8:40:03 AM] Interactive Fitness and Exergame Network: primarily the general public but it will be sent to all parties
[8:40:14 AM] Sandra: * people do not know difference between home version and non-home versions
[8:40:20 AM] Sandra: pictures are needed
[8:40:24 AM] Sandra: price?
[8:40:37 AM] Sandra: you really think so?
[8:41:00 AM] Sandra: people need to understand it
[8:42:23 AM] Sandra: maybe you should have some "test readers" ?
[8:42:46 AM] Tommy Seilheimer: I agree with that statement Brett
[8:42:55 AM] Interactive Fitness and Exergame Network: phew...thanks mate
[8:42:59 AM] Interactive Fitness and Exergame Network: :P

[8:43:27 AM] Sandra: what idance do you mean?
[8:43:35 AM] Sandra: the korean version is still no exergame :(
[8:44:02 AM] Tommy Seilheimer: My opinion: The idea is to use Nintendo's huge marketing budget for the term Exergaming and to build on it in a focus format that we have here.
[8:44:31 AM] Tommy Seilheimer: repeat
[8:44:32 AM] Tommy Seilheimer: lol
[8:44:55 AM] Gamercize UK: lol
[8:44:58 AM] Biray Alsac: yes, we should have those products examples
[8:45:08 AM] Gamercize UK: i agree - SEO
[8:45:11 AM] Tommy Seilheimer: yes I agree....
[8:45:28 AM] Tommy Seilheimer: Exactly Biray
[8:45:54 AM] Interactive Fitness and Exergame Network: good point
[8:45:59 AM] Ed Kasanders: I like the examples. but if this is consumer based - they mayl not know what those products are.
[8:46:04 AM] Tommy Seilheimer: Our customers refrence Wii on a daily basis...8 out of 10 always compare
[8:46:30 AM] Interactive Fitness and Exergame Network: Biray: All should be mentioned on the wiki
[8:47:16 AM] Interactive Fitness and Exergame Network: it would improve SEO again I would assume
[8:50:29 AM] Tommy Seilheimer: nice Alasdair...
[8:51:46 AM] Ed Kasanders: Key point/benefit to the Consumer? What is hitting the big buttons for users, parents. We use 3 points over and over: Health (obesity), Academics (improved learning) and Social (behavioral changes). all parents want this.
[8:51:50 AM] Interactive Fitness and Exergame Network: Primarily an electronic media release
[8:52:18 AM] Interactive Fitness and Exergame Network: Are we achieving that with this statement Ed?
[8:52:31 AM] Ed Kasanders: no.
[8:52:38 AM] Ed Kasanders: Not direclty, indirectly yes.
[8:52:46 AM] Interactive Fitness and Exergame Network: right
[8:52:58 AM] Ed Kasanders: Be more clear, then explain on these factors.
[8:53:15 AM] Tommy Seilheimer: YES!!
[8:53:16 AM] Gamercize UK: Needs a platform
[8:53:22 AM] Gamercize UK: platform = wiki
[8:53:29 AM] Gamercize UK: pictures
[8:53:31 AM] Alasdair Thin: Muppets playing Exergames???
[8:53:40 AM] Gamercize UK: lol alasdair
[8:53:54 AM] Tommy Seilheimer: yes Richard. pictures, videos, interviews with the Exergaming leaders etc.
[8:53:58 AM] Tommy Seilheimer: A digital media kit
[8:56:36 AM] Interactive Fitness and Exergame Network: yep
[8:56:47 AM] Biray Alsac: flickr.com
[8:56:48 AM] Ed Kasanders: The image to a consumer should be simply kids/people having fun with technology based products - exergaming. a product does not always show the benefits of exergaming. ???
[8:57:29 AM] Tommy Seilheimer: I think this needs a seperate website with what we are doing also with Birays ideas in mind as a full digital press kit. It must be 100%

social media compatible... Easy links to post directly to their forums/ blogs / websites etc.
[8:57:50 AM] Gamercize UK: http://www.flickr.com/photos/gamercize/
[8:57:51 AM] Tommy Seilheimer: easy to repost our message
[8:57:55 AM] Interactive Fitness and Exergame Network: hmmm...most likely Tommy
[8:58:03 AM] Tommy Seilheimer: already formatted ... EXACTLY Biray
[8:58:33 AM] Ed Kasanders: I like it.
[8:58:50 AM] Ed Kasanders: TEN is suppose to be "The" resource for exergaming.
[8:59:04 AM] Gamercize UK: Message is objective therefore aim is repost
[8:59:43 AM] Tommy Seilheimer: TEN should be the "Authority Website" for what we are doing in thw industry....Kind of like www.webmd.com. Started by 3 doctors....they do over $300 million in sales and make it easy to republish content...
[9:00:21 AM] Tommy Seilheimer: Yes... we can create that no problem
[9:00:26 AM] *** Interactive Fitness and Exergame Network added Stephen Yang ***
[9:00:35 AM] Interactive Fitness and Exergame Network: Welcome Stephen!
[9:00:41 AM] Stephen Yang: Allo
[9:00:44 AM] Tommy Seilheimer: Welcome Stephen!
[9:00:52 AM] Ed Kasanders: I like what Biray says. The visitor can pick and choose what they want. Grab it quickly. and use it.
[9:01:02 AM] Ed Kasanders: Mr. Yang.
[9:01:12 AM] Gamercize UK: Yo .. S
[9:01:24 AM] Stephen Yang: Word
[9:01:34 AM] Interactive Fitness and Exergame Network: word lol
[9:01:38 AM] Tommy Seilheimer: Yes, we are expanding on what their message is...
[9:03:41 AM] Ed Kasanders: http://seriousgames.ning.com/profile/Biray
[9:03:55 AM] Tommy Seilheimer: seperate website in my opinion... it wouldn't be too hard to do...
[9:04:27 AM] Ed Kasanders: speperate web-site. links to social media: facebook, linkedin, etc.
[9:04:40 AM] Tommy Seilheimer: I agree Alasdair
[9:04:44 AM] Ed Kasanders: right
[9:04:48 AM] Tommy Seilheimer: Alternative- our own website
[9:04:59 AM] Sandra: domain?
[9:04:59 AM] Gamercize UK: wordpress style tommy?
[9:05:16 AM] Tommy Seilheimer: for starters....
[9:05:17 AM] Ed Kasanders: wordpress style would work.?
[9:06:35 AM] Tommy Seilheimer: lets go all out in my opinion...Our own website will give us access to data on traffic. We can easily make a site that has everything we want embedded.
[9:06:41 AM] Gamercize UK: http://twitfitter.ning.com/
[9:07:25 AM] Tommy Seilheimer: very nice
[9:08:25 AM] Ed Kasanders: navigation
[9:08:40 AM] Helena Baert: you are funny people :D
[9:08:47 AM] Gamercize UK: Hi Helena
[9:08:52 AM] Helena Baert: Hi there
[9:08:58 AM] Interactive Fitness and Exergame Network: Hi Helena
[9:08:59 AM] Ed Kasanders: that Ning site is too confusing to me.

[9:09:03 AM] Stephen Yang: Check out this guy's wordpress site. He is a trailblazer in social media

[9:09:05 AM] Stephen Yang: http://www.chrisbrogan.com/

[9:09:10 AM] Interactive Fitness and Exergame Network: Right Ed

[9:09:11 AM] Helena Baert: 5 paper :S grrrrrrrrrrrrr

[9:09:23 AM] Helena Baert: I use nings

[9:09:25 AM] Sandra: here you can try out wordpress: http://php.opensourcecms.com/scripts/show.php?catid=2&cat=Blogs

[9:09:42 AM] Ed Kasanders: 1 platform. 1 cool looking template. all have access to it. to add content.

[9:12:09 AM] Helena Baert: just make sure you have the wiki format in it .... great to have anybody contribute information from all over the world

[9:12:26 AM] Sandra: wiki or googlewave

[9:12:42 AM] Tommy Seilheimer: we will send everyone info

[9:12:51 AM] Alasdair Thin: http://elgg.org/

[9:13:06 AM] Tommy Seilheimer: high quality....

[9:13:08 AM] Ed Kasanders: we have a template company, that can we can use. for Wordpress. We already paid for the subscription. http://ithemes.com/

[9:13:17 AM] Alasdair Thin: Elgg is a open source site that can be hosted and offers multiple access levels.

[9:13:25 AM] Tommy Seilheimer: doesnt look like wordpress but easy functional

[9:13:33 AM] Stephen Yang: http://drupal.org/ New US gov't open source platform

[9:13:36 AM] Interactive Fitness and Exergame Network: Joomla is what I use

[9:13:38 AM] Biray Alsac: yes, but I thought ELGG was more like a CMS for academic institution.

[9:13:41 AM] Alasdair Thin: It is bid in educations

[9:13:59 AM] *** Call ended ***

[9:14:04 AM] *** Conference call, duration 00:19 ***

[9:14:35 AM] *** Conference call, duration 26:28 ***

[9:14:39 AM] Gamercize UK: oops, i fell off the call - or brett booted me ;)

[9:14:39 AM] Tommy Seilheimer: me too

[9:14:39 AM] *** Conference call, duration 01:59 ***

[9:14:40 AM] Tommy Seilheimer: lol

[9:14:40 AM] *** Conference call, duration 03:59 ***

[9:14:57 AM] Tommy Seilheimer: im back! (party)

[9:15:01 AM] Gamercize UK: only answer a call from the original host.. brett, can you dial us in

[9:15:14 AM] Alasdair Thin: Elgg does have some CMS - but other features as well - not saying it is the best, only worth checking along with Joomla and Drupal

[9:16:06 AM] Biray Alsac: Alasdair... i think these would require a bit more work... I've worked with joomla, it's a lot of work.

[9:16:11 AM] Gamercize UK: reject all calls except IFEN

[9:16:38 AM] *** Call ended ***

[9:16:45 AM] Tommy Seilheimer: ok

[9:17:24 AM] Tommy Seilheimer: :)

[9:17:36 AM] Gamercize UK: woohoo we're back

[9:18:06 AM] Ole Petter Høie: i just called myself

[9:18:10 AM] Tommy Seilheimer: (call) < Only Brett

[9:18:12 AM] Gamercize UK: lol ole

[9:18:26 AM] Stephen Yang: I was talking to myself

[9:18:33 AM] Stephen Yang: I was also dancing by myself
[9:18:36 AM] *** Call ended ***
[9:18:52 AM] Helena Baert: Some sharepoint are pretty cool as well
[9:19:27 AM] Tommy Seilheimer: (y) :) Website!
[9:19:42 AM] Interactive Fitness and Exergame Network: We have 4 options: Landing page on wiki, Ning site, Wordpress and your domain, the 'Full Monty' (Ed and Tommy)
[9:20:22 AM] Tommy Seilheimer: before Christmas - Wiki or Wordpress
[9:20:22 AM] Stephen Yang: You can buy a domain for your ning
[9:20:30 AM] Tommy Seilheimer: oh nice
[9:20:56 AM] Stephen Yang: http://www.hulu.com/watch/107947/glee-dancin-with-myself
[9:21:19 AM] Helena Baert: GLEE!
[9:21:40 AM] Interactive Fitness and Exergame Network: lol
[9:22:25 AM] Interactive Fitness and Exergame Network: A lot of excellent site references and examples
[9:22:25 AM] Gamercize UK: Question, can we flickr photostream images we dont own?
[9:22:31 AM] Helena Baert: Awesome way to put in pictures is the WETPAINT wikis! Way better than PBWorks but still a wiki
[9:22:46 AM] Interactive Fitness and Exergame Network: wetpaint wiki?
[9:22:52 AM] Helena Baert: yep :)
[9:22:52 AM] Gamercize UK: Helena, you sold me pbworks, i want my money back... lol
[9:22:57 AM] Helena Baert: haha
[9:23:04 AM] Tommy Seilheimer: www.smugmug.com is nice to use too for pictures. They have all social networking websites included in the software.... here is ours... http://motionfitness.smugmug.com/ You can embed these photos into any site.(twitter, facebook, mysace, websites etc)
[9:23:05 AM] Helena Baert: I use both... have like 50 or something
[9:23:12 AM] Interactive Fitness and Exergame Network: Have you got a link Helena
[9:23:25 AM] Helena Baert: one sec... I will try to find a good one
[9:23:27 AM] Tommy Seilheimer: it accepts videos, pictures and PDF
[9:23:35 AM] Ed Kasanders: If a big press release need 1 site as the authority. Dont want to change later. ?
[9:23:48 AM] Interactive Fitness and Exergame Network: not really no....hmmm
[9:24:11 AM] Stephen Yang: http://picasaweb.google.com/yangscortland/ExerGameLab?authkey=Gv1sRgCJ_22duh2YPjXQ&feat=directlink
[9:25:41 AM] Helena Baert: http://peactivitycourses.wetpaint.com/ not sure if you can see this... I had to change the settings
[9:26:00 AM] Helena Baert: It is just one I am working on... but it has a photo stream example
[9:26:28 AM] Tommy Seilheimer: http://www.smugmug.com/help/social-networks
[9:26:35 AM] Interactive Fitness and Exergame Network: thanks
[9:27:27 AM] Gamercize UK: highlight landing pages, hashtags, accounts
[9:27:55 AM] Gamercize UK: i.e. linkedin, #exergaming, wiki
[9:28:06 AM] Ed Kasanders: need 1 central site.
[9:28:14 AM] Gamercize UK: agreed Ed
[9:28:31 AM] Gamercize UK: we'll trail that Ed as a Wiki landing page

[9:28:40 AM] Interactive Fitness and Exergame Network: net could break
[9:28:52 AM] Interactive Fitness and Exergame Network: if it does, give me a minute to invite you back
[9:29:24 AM] Tommy Seilheimer: yea....title!
[9:29:24 AM] Helena Baert: keep it simple for now right? Positive about wetpaint is that you have a discussion board as photo stream option and so on... videos, photos,...
[9:29:27 AM] Tommy Seilheimer: come on Biray!
[9:29:45 AM] Tommy Seilheimer: LOL
[9:30:59 AM] Stephen Yang: www.kotaku.com
[9:31:10 AM] Stephen Yang: www.engadget.com
[9:32:28 AM] Tommy Seilheimer: great....
[9:33:17 AM] Gamercize UK: "140 Char soundbites"
[9:33:35 AM] Helena Baert: Create youtube video! :)
[9:33:38 AM] Gamercize UK: (or 140 minus yourname + RT @) ;)
[9:33:49 AM] Stephen Yang: http://rockstarpe.blogspot.com/2008/12/alphabet-re-mix.html
[9:33:49 AM] Alasdair Thin: On the 12th day of Christmas my true love sent to me 12 Machine Dance pads....
[9:34:40 AM] Interactive Fitness and Exergame Network: lol...nice one Alasdair....actually I quite like it
[9:34:44 AM] Tommy Seilheimer: I agree Biray....short but to the point with the ability to share on all networks
[9:35:33 AM] Tommy Seilheimer: Perfect!
[9:35:35 AM] Mark Martens: Exergames are more interesting than exergamers.
[9:35:43 AM] Tommy Seilheimer: your the expert
[9:36:08 AM] Tommy Seilheimer: good question mate!
[9:36:42 AM] Interactive Fitness and Exergame Network: :P
[9:37:01 AM] Ernie Medina, Jr.: Hi all, still yacking?
[9:37:11 AM] Gamercize UK: Yo Ernie!!!
[9:37:11 AM] Interactive Fitness and Exergame Network: First paragraph 140 characters (twitter perfect)
[9:37:12 AM] Gamercize UK: Jump in
[9:37:21 AM] Alasdair Thin: 2010 An Exergaming Odessy
[9:37:40 AM] Gamercize UK: Someone get a mobile pic of the skype session and post it on FB :)
[9:37:44 AM] Gamercize UK: Tommy?!
[9:37:57 AM] Ernie Medina, Jr.: Just got back from swimming with my daughter...wat's the Ernie song???
[9:38:14 AM] Ernie Medina, Jr.: Keep your day job, Brett...
[9:38:46 AM] Alasdair Thin: http://en.wikipedia.org/wiki/Ernie_(The_Fastest_Milkman_in_the_West)
[9:38:49 AM] Interactive Fitness and Exergame Network: Ernie drove the fastest milkcart in the west
[9:38:54 AM] Gamercize UK: Benny Hill - Ernie, Feastest Mikeman in the West
[9:39:01 AM] Interactive Fitness and Exergame Network: hell that was fast Alasdair
[9:39:05 AM] Gamercize UK: Benny Hiill was from Southampton
[9:39:10 AM] Tommy Seilheimer: http://www.facebook.com/photo.php?pid=30474693&id=1012620518 < The Exergaming Ninja (Ernie)
[9:39:28 AM] Ernie Medina, Jr.: Yeah, the Exrgaming Ninja here!!!

[9:39:45 AM] Tommy Seilheimer: I like that Biray! Good point...
[9:39:46 AM] Ernie Medina, Jr.: Who's the female? Emily? Biray?
[9:39:56 AM] Gamercize UK: Lol Ernie, that's Biray!!!!
[9:40:27 AM] Ed Kasanders: thats good.
[9:40:32 AM] Ernie Medina, Jr.: Whoa...she's here...wow. I've got a bad connection, choppy sound...
[9:41:09 AM] *** Call ended ***
[9:41:33 AM] *** Conference call, no answer. ***
[9:41:35 AM] *** Conference call, duration 27:23 ***
[9:41:50 AM] Gamercize UK: Remeber, reject all calls apart from Brett
[9:42:24 AM] Ernie Medina, Jr.: Ok, back! Wuz up with skype today?
[9:42:35 AM] Helena Baert: I can hear everyone
[9:42:35 AM] Gamercize UK: haha, it does this
[9:42:38 AM] Ernie Medina, Jr.: I can hear ya'll now...
[9:42:39 AM] Mark Martens: I'm not back yet.
[9:42:40 AM] Ernie Medina, Jr.: FL
[9:42:45 AM] Ernie Medina, Jr.: scuba diving
[9:42:49 AM] Tommy Seilheimer: lol
[9:42:56 AM] Helena Baert: Arkansas! why? huh? hmnnnn
[9:42:57 AM] Ernie Medina, Jr.: Biray is now a mermaid...
[9:43:02 AM] *** Conference call, duration 14:22 ***
[9:43:06 AM] Gamercize UK: drop all calls, unless you are seeing INteractive Fitness and Exergame Network as (host)
[9:43:08 AM] Ernie Medina, Jr.: Developing underwater exergaming apps...
[9:43:13 AM] Tommy Seilheimer: everyone somds like Darth Vader (Ole) right now
[9:43:29 AM] Ernie Medina, Jr.: Yup Ole...
[9:43:38 AM] Helena Baert: underwater play would be so cool!
[9:43:39 AM] Gamercize UK: ok, drop out of your call(s), get back on to IFEN as host :)
[9:43:39 AM] Mark Martens: Brett: Can you ping me again please?
[9:43:50 AM] Ernie Medina, Jr.: May the force be with you all...
[9:43:58 AM] Gamercize UK: lol Ernie
[9:44:07 AM] Alasdair Thin: Call me....
[9:44:15 AM] Tommy Seilheimer: Ole...Ole. Ole Ole... *singing)* - we do that at our company on a daily basis
[9:44:31 AM] Ole Petter Høie: lol
[9:44:44 AM] Gamercize UK: OK, take a creak ans listen to Ernie - the fastest Milkman in the West
[9:44:45 AM] Gamercize UK: orr.
[9:45:00 AM] Gamercize UK: Ole and I can enthrall you on text with a Monty Pyton Sketch?
[9:45:01 AM] Ernie Medina, Jr.: LOL! Milkeman? I'm lactose intolerant....
[9:45:08 AM] Ole Petter Høie: yes!!
[9:45:10 AM] Ole Petter Høie: :P
[9:45:12 AM] Gamercize UK: haha, the best people are ;)
[9:45:19 AM] Ernie Medina, Jr.: Yeah Richard!
[9:45:20 AM] Ole Petter Høie: someone just arrived here, i'll be back in a few min
[9:45:22 AM] Helena Baert: can't hear anyone anymore.... :S
[9:45:23 AM] Gamercize UK: what behind the rabbit?
[9:45:38 AM] Ernie Medina, Jr.: I can't either.....

[9:46:03 AM] Ernie Medina, Jr.: BTW, did Steve fill you in on our tel meeting this AM with Beth and Ben?
[9:46:17 AM] Ernie Medina, Jr.: Games for Health 2010 is going to be bigger and better than ever! ;)
[9:46:37 AM] Ernie Medina, Jr.: Biray, do you have a connection with Tim Tebow there in FL?
[9:46:52 AM] Biray Alsac: No ernie i don't... who is Tim?
[9:46:52 AM] Gamercize UK: woohoo Interactive Fitness and Exergame Network (host) is back online - if you're not on that call you're on your own!
[9:46:57 AM] Helena Baert: where is GFH 2010?
[9:47:01 AM] Biray Alsac: Do you ahve his contact infor?
[9:47:06 AM] Stephen Yang: Boston, MA
[9:47:11 AM] Ernie Medina, Jr.: Ah ok, he's the Gator's QB...and possible Heisman winner...again...
[9:47:22 AM] Stephen Yang: May 25-27
[9:47:26 AM] Ernie Medina, Jr.: And the co-chair of the FL Governor's Physical Fitness Council
[9:47:28 AM] Helena Baert: when is GFH 2010?
[9:47:31 AM] Helena Baert: thanks
[9:47:49 AM] Helena Baert: ooohhh may be able to make it... given funding :)
[9:47:56 AM] Ernie Medina, Jr.: May 26-27
[9:48:01 AM] Ernie Medina, Jr.: Boston again
[9:48:13 AM] Ernie Medina, Jr.: With an Accessibility Pre conf on 25th
[9:48:29 AM] Biray Alsac: thing
[9:48:33 AM] Ernie Medina, Jr.: Where are you at again Helena?
[9:48:33 AM] Ed Kasanders: and Ernie's post portem party.
[9:48:36 AM] Helena Baert: wetpaint wikis have droplets people... you can broadcast your photos, videos and threads to facebok, myspace, igoogle,...
[9:48:39 AM] Helena Baert: Arkansas
[9:48:44 AM] Biray Alsac: press release thing :) LOL :P
[9:48:46 AM] Helena Baert: right now
[9:48:47 AM] Ernie Medina, Jr.: LOL! Yeah Ed...that was fun!
[9:48:57 AM] Ernie Medina, Jr.: We'll get Brett there again if he's not there in person. ;)
[9:49:11 AM] Interactive Fitness and Exergame Network: :P
[9:49:22 AM] Ernie Medina, Jr.: Ah, Arkansas...you're almost there!
[9:49:38 AM] Helena Baert: am I? hihi
[9:49:52 AM] Helena Baert: I have never felt so far away... :)
[9:49:59 AM] Ernie Medina, Jr.: Biray--I do, from his website, but not to him directly. I thought maybe you being the tech guru and in FL, you would have a better contact.
[9:50:24 AM] Ernie Medina, Jr.: Helena: in cyberspace, we're just a click away....right Brett?
[9:50:31 AM] Helena Baert: true
[9:50:34 AM] Helena Baert: wetpaint!
[9:50:37 AM] Helena Baert: wetpaint!
[9:51:10 AM] Tommy Seilheimer: http://www.facebook.com/photo.php?pid=9938089&id=574445470 < all of us

[9:51:29 AM] Ernie Medina, Jr.: Well guys, I hate to pop in and out, but I actually have to do some work here this afternoon before I leave in a bit, so have a great weekend all!
[9:51:33 AM] Stephen Yang: beautiful
[9:51:56 AM] Ernie Medina, Jr.: Ah, I can't get on FB here at work..blocked, but thx for posting that, Tommy. Was that the shot by the white tent?
[9:52:25 AM] Tommy Seilheimer: iPhone (not iDANCE) totally different Ernie..... I sent it to your page
[9:53:15 AM] Ernie Medina, Jr.: ok T-man...will check it out when I get home later tonight. Xmas party at the Drayson Center and XRTZ staff are invited but will be on later this evening for sure. ;)
[9:53:49 AM] Biray Alsac: we should turn our press release into a prezi presentation... check out this sample! Rocks!
[9:53:57 AM] Biray Alsac: http://prezi.com/3igqdq90g-y0/
[9:54:09 AM] Alasdair Thin: Ask a Ninja, "What is Exergaming?" http://www.youtube.com/watch?v=OEmss2lg-ug
[9:54:18 AM] Interactive Fitness and Exergame Network: I've invited you to skype talk by the way Ernie!
[9:54:18 AM] Tommy Seilheimer: lol
[9:55:03 AM] Biray Alsac: Ernie has a great point... use people who are already web 2.0 'popular' like Ask Ninja and get him to do something on Exergaming
[9:55:30 AM] Tommy Seilheimer: :)
[9:55:42 AM] Alasdair Thin: What does anybody thing of Ask a Ninja?
[9:55:46 AM] Gamercize UK: like that link Biray
[9:56:29 AM] Biray Alsac: OR... we can ask CommonCraft to create one for exergaming... http://www.commoncraft.com/Twitter
[9:56:40 AM] Biray Alsac: "Exergaming in Plain English"
[9:56:43 AM] Biray Alsac: LOL
[9:56:59 AM] Ernie Medina, Jr.: That ninja is too funny! I've seen his stuff before.
[9:57:10 AM] Helena Baert: if you use a NING for example... you can add a link to the wiki
[9:57:30 AM] Tommy Seilheimer: :)
[9:57:46 AM] Alasdair Thin: http://www.youtube.com/watch?v=OEmss2lg-ug
[9:58:04 AM] Gamercize UK: sorry, lost you there Biray
[9:58:09 AM] Tommy Seilheimer: aghh!
[9:58:13 AM] *** Call ended ***
[9:58:15 AM] Mark Martens: There we go again
[9:58:29 AM] Alasdair Thin: Check out the youtube clip whilst the call is re-established.
[9:58:31 AM] Gamercize UK: ok, only accpet from Brett... no splinter groups :)
[9:58:39 AM] Ernie Medina, Jr.: Wow, that prezi is cool...have never seen a presentation like that...is it hard to make?
[9:58:51 AM] Helena Baert: nope
[9:58:55 AM] Helena Baert: easy to make prezi
[9:58:57 AM] Helena Baert: step by step
[9:59:11 AM] Helena Baert: Trying to make one for dissertation proposal :)
[9:59:19 AM] Gamercize UK: prezi could be the landing page in lieu of a wetfish?
[9:59:29 AM] Helena Baert: haha
[9:59:36 AM] Gamercize UK: does it have links?
[9:59:45 AM] Helena Baert: YOu really need to make a site called "wetfish"

[9:59:49 AM] Biray Alsac: LOL.
[10:00:01 AM] Helena Baert: is there such thing as a dry fish?
[10:00:06 AM] *** Conference call, duration 02:43 ***
[10:00:06 AM] Gamercize UK: I will, and Ill put up your picture Heleena :) hahahaha
[10:00:07 AM] Helena Baert: or dead fish
[10:00:08 AM] Helena Baert: yuk
[10:00:21 AM] Gamercize UK: Ummm, i bet there is a wetfish.com anyhow
[10:00:22 AM] Helena Baert: yes
[10:00:42 AM] Gamercize UK: and yes there is
[10:00:47 AM] Gamercize UK: sigh
[10:00:58 AM] Gamercize UK: and it's a lame ass website
[10:01:06 AM] Mark Martens: The Ninja thing was silly enough.
[10:01:12 AM] Gamercize UK: http://wetfish.com
[10:01:22 AM] Gamercize UK: make the guys day and flood his webstats
[10:01:30 AM] Helena Baert: oh noooooooooooooo
[10:01:35 AM] Helena Baert: someone stole your idea
[10:01:54 AM] Gamercize UK: where's brett?
[10:02:04 AM] Ed Kasanders: down under
[10:02:05 AM] Tommy Seilheimer: im out too
[10:02:07 AM] Gamercize UK: lol Ed
[10:02:08 AM] Mark Martens: Skyving
[10:02:20 AM] Tommy Seilheimer: "Smurfing"
[10:02:32 AM] Helena Baert: wetsmurf? :S
[10:02:37 AM] Tommy Seilheimer: lol
[10:02:48 AM] Biray Alsac: okay everyone... have a good night... it's about dinner time and I have to get going.
[10:02:57 AM] *** Call ended ***
[10:02:59 AM] Ed Kasanders: so long.
[10:03:06 AM] Tommy Seilheimer: Bye!
[10:03:06 AM] Helena Baert: I keep losing everyone... humnnn
[10:03:07 AM] Gamercize UK: ok, while we're all on chat.. title for the PR, that could also be a < 140 char soundbite
[10:03:08 AM] Biray Alsac: I'll connect w/ you all next week and think of ways i can contribute to this press release over the weekend.
[10:03:11 AM] Stephen Yang: Gotta run too. Sleep well!
[10:03:21 AM] Gamercize UK: thanks Biray - lots to think about, really value your time here
[10:03:28 AM] Biray Alsac: Do we have a set date for the release to go out?
[10:03:35 AM] Gamercize UK: Before Xmas
[10:03:38 AM] Tommy Seilheimer: See ya Ying Yang... I will see you soon for your iDANCE study! Cant wait to see your facility!
[10:03:46 AM] Mark Martens: I gotta go get my exercise workout. I'll be in the UK at least for the next month or so. I'll try to stay connected with email.
[10:04:03 AM] Biray Alsac: Have a great weekend everyone.
[10:04:12 AM] Tommy Seilheimer: Bye Biray - take care!
[10:04:14 AM] Gamercize UK: ok.. so I'm going to OFFICALLY end the call via skype chat...
[10:04:15 AM] Mark Martens: Bye Biray
[10:04:19 AM] Tommy Seilheimer: Dont loose your voice ever again!
[10:04:25 AM] Biray Alsac: i won't tommy

[10:04:28 AM] Tommy Seilheimer: ;)
[10:04:29 AM] Ed Kasanders: Richard, Brett. Put a Action item list together so we can push this forward.
[10:04:30 AM] Gamercize UK: we're 4 mins over time, which is a record underrun overrun
[10:04:39 AM] Tommy Seilheimer: WOW!
[10:04:51 AM] Tommy Seilheimer: Brett might have to go Smurfing now
[10:04:53 AM] Biray Alsac: next time we should use google wave for our chat
[10:04:53 AM] Gamercize UK: we'll add to basecamp the action plan
[10:04:57 AM] Biray Alsac: LOL.
[10:04:57 AM] Tommy Seilheimer: ;)
[10:05:01 AM] Mark Martens: Richard: What part of the UK are you in ?
[10:05:06 AM] Ed Kasanders: bye.
[10:05:08 AM] Gamercize UK: Southampton/London
[10:05:11 AM] Gamercize UK: Seya Ed
[10:05:23 AM] Alasdair Thin: Mark - where are you going to be in UK?
[10:05:37 AM] Mark Martens: I'll be in High Wycombe, MW of London.
[10:05:48 AM] *** Conference call, duration 53:07 ***
[10:05:50 AM] Mark Martens: Soryy NW of London
[10:05:58 AM] Gamercize UK: Let me know when, I;ll catch up with you
[10:06:21 AM] Mark Martens: Flying on the 9th, give me your email..
[10:06:48 AM] Alasdair Thin: Bit far from Edinburgh, but I'll keep it in mind.
[10:06:58 AM] Ed Kasanders: im back on.
[10:07:02 AM] Tommy Seilheimer: :)
[10:08:57 AM] *** Call ended ***
[10:15:45 AM] Interactive Fitness and Exergame Network: Hi again Ernie, were sort of rounding off here
[10:17:05 AM] Tommy Seilheimer: I agree
[10:20:22 AM] Ernie Medina, Jr.: Sorry guys...just got a phone call and have to get some stuff done here. Wiki sounds good! Let me know what I can do to help. Have a great weekend all!
[10:20:35 AM] Tommy Seilheimer: 10/4 Ninja!
[10:20:41 AM] Ernie Medina, Jr.: ;)
[10:20:43 AM] Tommy Seilheimer: thats me!
[10:21:03 AM] Gamercize UK: My wine box has run out :(
[10:21:17 AM] Gamercize UK: dont put that on the transcript Brett!!!
[10:21:24 AM] Interactive Fitness and Exergame Network: lol
[10:21:32 AM] Interactive Fitness and Exergame Network: I will...
[10:21:39 AM] Gamercize UK: git
[10:22:11 AM] Tommy Seilheimer: hes very modest!
[10:22:14 AM] Tommy Seilheimer: YES!!!
[10:22:40 AM] Interactive Fitness and Exergame Network: high praise thanks mate
[10:23:55 AM] Tommy Seilheimer: We want to hear from you Ole!
[10:24:29 AM] Gamercize UK: Ole is in San Diego with Emily.. skype is not his focus... ;)
[10:24:35 AM] Tommy Seilheimer: good call Brett.....
[10:24:46 AM] Tommy Seilheimer: LOL - Gamercize!
[10:25:26 AM] Gamercize UK: just kidding there - Ole is a field leader and it's waesome to have you on the call mate
[10:25:37 AM] Tommy Seilheimer: I agree!!! 10000%

[10:26:32 AM] Tommy Seilheimer: props to Brett and Richard for making this format so big! Lots of detail and work
[10:26:58 AM] Interactive Fitness and Exergame Network: nahhh...love it mate.. labour of love getting together with you all believe me
[10:27:32 AM] Tommy Seilheimer: iDANCE and gamercize are the only companies contributing to this amazing format!
[10:28:08 AM] Tommy Seilheimer: I agree!
[10:28:20 AM] Gamercize UK: Thanks Tommy
[10:28:47 AM] Tommy Seilheimer: :)
[10:29:17 AM] Gamercize UK: (muting mike what i get this foil bag out of the box...)!!!
[10:29:31 AM] Tommy Seilheimer: Te name "Positive Gaming" says it all.....
[10:30:02 AM] Interactive Fitness and Exergame Network: it does yes...making exergaming social and community based is CORE to our goals...it really is
[10:30:20 AM] Tommy Seilheimer: Nice Ole.....
[10:30:30 AM] Gamercize UK: So agree Ole
[10:30:36 AM] Tommy Seilheimer: all aspects of Exercise and Gaming
[10:30:44 AM] Interactive Fitness and Exergame Network: so Ole, keep an eye on us, and punch us if it seems to stray :)
[10:31:00 AM] Tommy Seilheimer: (punch) Ole <
[10:31:20 AM] Tommy Seilheimer: Nice Ole!
[10:32:10 AM] Tommy Seilheimer: sometimes at SeaWorld San Diesgo lol
[10:32:38 AM] Tommy Seilheimer: yes Richard.....
[10:33:02 AM] Interactive Fitness and Exergame Network: I wanna give you a big bloody hug mate....thats not very professional but bugger it :)
[10:33:09 AM] Tommy Seilheimer: this IS a different format....
[10:33:39 AM] Tommy Seilheimer: everyone truely coming together on our industry...
[10:34:14 AM] Tommy Seilheimer: yes Richard!
[10:34:55 AM] Tommy Seilheimer: (y)
[10:35:09 AM] Tommy Seilheimer: modest....
[10:35:12 AM] Tommy Seilheimer: a house...NO
[10:35:14 AM] Tommy Seilheimer: a mansion!
[10:35:22 AM] Tommy Seilheimer: pool table
[10:35:26 AM] Tommy Seilheimer: nice view
[10:35:29 AM] Tommy Seilheimer: Bas!
[10:35:57 AM] Tommy Seilheimer: oh i dont like you now OLE
[10:35:58 AM] Tommy Seilheimer: LOL
[10:36:08 AM] Interactive Fitness and Exergame Network: We have to get Tommy down there to do camera fit outs and create a PG broadcast Online House...Exergaming Big Brother
[10:36:23 AM] Tommy Seilheimer: I like that!
[10:37:03 AM] Tommy Seilheimer: close to us!
[10:37:14 AM] Helena Baert: March
[10:37:17 AM] Tommy Seilheimer: I like it Brett!
[10:37:26 AM] Tommy Seilheimer: Hi Helena!
[10:37:31 AM] Tommy Seilheimer: (F)
[10:37:32 AM] Helena Baert: :)
[10:37:39 AM] Helena Baert: March 16-20 AAHPERD
[10:37:56 AM] Tommy Seilheimer: I LOVE IT!

[10:38:02 AM] Helena Baert: (rofl)
[10:38:24 AM] Tommy Seilheimer: I have secret photos
[10:38:30 AM] Tommy Seilheimer: ;)
[10:38:44 AM] Interactive Fitness and Exergame Network: Helena have you tried the iDance yet?
[10:38:47 AM] Helena Baert: Richard: http://www.pelinks4u.org/articles/baert1209.htm ODE TO PBWORKS :)
[10:38:51 AM] Tommy Seilheimer: www.-idance-emily-on-idance-.com
[10:38:53 AM] Tommy Seilheimer: lol - kidding
[10:39:04 AM] Helena Baert: you know what: I ONLY HAVE DDR! I have NO money
[10:39:14 AM] Helena Baert: ;(
[10:39:17 AM] Gamercize UK: come to a conf Helena :)
[10:39:20 AM] Tommy Seilheimer: well we have to get you iDANCE pads helena!
[10:40:00 AM] Helena Baert: I have nothing and I am teaching my elementary pe class next semester and trying to get hem to learn about exergaming :S challenge without games :)
[10:40:14 AM] Tommy Seilheimer: Ole- GO SWIMMING - we will keep working LOL
[10:41:11 AM] Helena Baert: Do we have a category setting as far as exergaming for different ages? just curious
[10:41:22 AM] Tommy Seilheimer: hmmm......
[10:41:26 AM] Helena Baert: elementary vs high school vs seniors ....
[10:41:42 AM] Helena Baert: I am thinking of getting my students think about that...
[10:41:46 AM] Tommy Seilheimer: iDANCE LIVE
[10:41:52 AM] Tommy Seilheimer: 3.0
[10:42:01 AM] Interactive Fitness and Exergame Network: PadCam
[10:42:06 AM] Tommy Seilheimer: lol
[10:42:21 AM] Interactive Fitness and Exergame Network: looks straight up vertically...whoops that wont work
[10:42:43 AM] Tommy Seilheimer: snowing here damnit
[10:42:53 AM] Helena Baert: smowing? I WANT SNOW
[10:42:57 AM] Tommy Seilheimer: Brettt = smurfing
[10:43:02 AM] Helena Baert: ANYBODY NEED A SKI INSTRUCTOR? :D
[10:43:07 AM] Gamercize UK: p*ssing down with cold rain here
[10:43:10 AM] Tommy Seilheimer: lol Helena!
[10:43:12 AM] Helena Baert: haha
[10:44:13 AM] Tommy Seilheimer: Ole and Brett thinking >> (doh) on the beach = >> (party)
[10:44:28 AM] Helena Baert: I love how you say sauna :) so cute I have to say
[10:44:31 AM] Helena Baert: hihi :D
[10:44:41 AM] Tommy Seilheimer: iDANCE AUS!! 2010!!!!
[10:45:05 AM] Tommy Seilheimer: lol helena!
[10:45:13 AM] Helena Baert: I need to go to G4H
[10:45:18 AM] Gamercize UK: B-O-N-D-I
[10:45:21 AM] Helena Baert: anybody need help :D
[10:45:41 AM] Tommy Seilheimer: maybe.....
[10:45:42 AM] Tommy Seilheimer: LOL
[10:45:43 AM] Helena Baert: I only go to conferences if I can do something, help out :)

[10:46:00 AM] Tommy Seilheimer: Ole i smore "Earthy"
[10:46:01 AM] Interactive Fitness and Exergame Network: Helena arent you originally from Belgium
[10:46:17 AM] Helena Baert: I am a belgian canadian living in arkansas, USA
[10:46:23 AM] Helena Baert: next stop = australia :)
[10:46:26 AM] Tommy Seilheimer: OUR KANSAS!
[10:46:27 AM] Interactive Fitness and Exergame Network: wow.. okay
[10:46:43 AM] Tommy Seilheimer: global warming.....
[10:46:46 AM] Helena Baert: you guys are hilarious
[10:47:00 AM] Tommy Seilheimer: I sent SPF 10000% to Ole for his head
[10:47:02 AM] Tommy Seilheimer: :)
[10:47:03 AM] Helena Baert: this is cool
[10:47:05 AM] Gamercize UK: http://www.pelinks4u.org/articles/baert1209.htm
[10:47:08 AM] Helena Baert: I have no fun where i am
[10:47:09 AM] Helena Baert: :(
[10:47:12 AM] Helena Baert: hihi
[10:47:19 AM] Helena Baert: NOOOOOOOOOOOOOOOOOOOOOOOO
[10:47:23 AM] Helena Baert: well... I do run
[10:47:28 AM] Helena Baert: 50 miles
[10:47:29 AM] Helena Baert: away
[10:47:31 AM] Helena Baert: no
[10:48:01 AM] Gamercize UK: lol
[10:48:39 AM] Tommy Seilheimer: exactly.....
[10:48:50 AM] Gamercize UK: holy carp huh?
[10:48:58 AM] Tommy Seilheimer: might need a boat!
[10:49:09 AM] Gamercize UK: (can't swear on skype Tommy ;)
[10:49:19 AM] Tommy Seilheimer: LOL
[10:49:48 AM] Tommy Seilheimer: sounds like a food
[10:50:06 AM] Ole Petter Høie: pood
[10:50:12 AM] Gamercize UK: Oh no, Brett's on the wet rubber again
[10:50:18 AM] Tommy Seilheimer: no comment
[10:50:20 AM] Tommy Seilheimer: * *
[10:50:36 AM] Tommy Seilheimer: no comment again * *
[10:51:22 AM] Tommy Seilheimer: come on Helena...your the pioneer!
[10:52:07 AM] Tommy Seilheimer: unless your OLE! :D
[10:52:24 AM] Tommy Seilheimer: (y)
[10:52:49 AM] Ole Petter Høie: i love pioneering
[10:52:52 AM] Tommy Seilheimer: ;)
[10:52:58 AM] Tommy Seilheimer: your already are!
[10:53:02 AM] Ole Petter Høie: im flying to Australia right now
[10:53:16 AM] Tommy Seilheimer: yes! Congrats BR-ETT1
[10:53:29 AM] Interactive Fitness and Exergame Network: thanks everyone
[10:53:34 AM] Tommy Seilheimer: :)
[10:53:38 AM] Interactive Fitness and Exergame Network: big deal for us croc eaters
[10:53:47 AM] Tommy Seilheimer: lol
[10:53:56 AM] Helena Baert: :D (clap clap) (clap)
[10:54:06 AM] Tommy Seilheimer: good Job Brett - Go Get 'em!
[10:54:10 AM] Helena Baert: now we must go to Australia! whooohooo Road trip!
[10:54:42 AM] Tommy Seilheimer: ;)
[10:54:49 AM] Tommy Seilheimer: Thats why im on the call

[10:54:55 AM] Helena Baert: for men too! speak for yourself
[10:54:55 AM] Gamercize UK: haha
[10:54:57 AM] Helena Baert: :D
[10:55:03 AM] Tommy Seilheimer: lol helena!
[10:55:08 AM] Helena Baert: gotta love the accent
[10:55:12 AM] Gamercize UK: lol H ;)
[10:55:12 AM] Helena Baert: HOpe I still have one
[10:55:16 AM] Helena Baert: kinda
[10:55:20 AM] Gamercize UK: (h)
[10:55:22 AM] Gamercize UK: lol
[10:55:23 AM] Helena Baert: dutchy....
[10:55:25 AM] Helena Baert: haha
[10:55:26 AM] Tommy Seilheimer: (h)
[10:55:37 AM] Helena Baert: dunkies?
[10:55:40 AM] Helena Baert: what is that
[10:55:44 AM] Gamercize UK: walk away from the topic....
[10:55:48 AM] Tommy Seilheimer: india Ole
[10:55:53 AM] Helena Baert: haha
[10:56:01 AM] Tommy Seilheimer: LO
[10:56:03 AM] Tommy Seilheimer: LOL
[10:56:38 AM] Tommy Seilheimer: http://www.youtube.com/watch?v=5d-lH9IYP7Q
[10:56:44 AM] Tommy Seilheimer: My favorite video for Ole
[10:56:44 AM] Helena Baert: I need a beer!
[10:57:10 AM] Interactive Fitness and Exergame Network: we all do I think Helena
[10:57:24 AM] Helena Baert: yep
[10:57:27 AM] Gamercize UK: lol
[10:57:31 AM] Helena Baert: a belgian beer really
[10:57:45 AM] Helena Baert: thanks all :)
[10:57:45 AM] Tommy Seilheimer: thanks helena!
[10:57:51 AM] Tommy Seilheimer: ole...Ole. Ole Oleeeeee!
[10:58:00 AM] Tommy Seilheimer: will do Brett!!!
[10:58:07 AM] Helena Baert: (sun) seeeeeeeyyyyyaaaaaaaaaa :)
[10:58:08 AM] Tommy Seilheimer: Richy Rich!
[10:58:13 AM] Tommy Seilheimer: Planes!
[10:58:14 AM] Helena Baert: the 20th is a sunday
[10:58:17 AM] Helena Baert: nooooooooooooooooooooo
[10:58:18 AM] Helena Baert: hihi
[10:58:29 AM] Helena Baert: I am in MOAB Utah... oh well :)
[10:58:32 AM] Interactive Fitness and Exergame Network: !8th release date...
[10:58:36 AM] Tommy Seilheimer: NINJA style!
[10:58:48 AM] Gamercize UK: Next sesshhhh 18th
[10:58:48 AM] Ole Petter Høie: planning for that
[10:58:49 AM] Helena Baert: nope... in moab on 18th
[10:58:53 AM] Helena Baert: but here after
[10:58:56 AM] Helena Baert: ok byebye
[10:58:57 AM] Ole Petter Høie: thanks a lot, guys!
[10:59:00 AM] *** Call ended ***
[10:59:41 AM] Helena Baert: that was fun
[11:00:03 AM] Gamercize UK: Indeed :)
[11:00:28 AM] Helena Baert: difficult to do any work though haha too much fun

[11:01:03 AM] Ole Petter Høie: yeah, work is boring...well, unless its related to the game...which it is!

[11:01:09 AM] Tommy Seilheimer: Great to hear from you tonight Helena!!!!!!

[11:01:46 AM] Helena Baert: it was aweomse... wish I had more time to be with all you guys... one more semester ... :)

[11:03:05 AM] Tommy Seilheimer: XO!

[11:03:11 AM] Tommy Seilheimer: :D

[11:03:57 AM] Helena Baert: :D

[11:04:25 AM] Helena Baert: anybody still there?

[11:04:27 AM] Helena Baert: hihi

[11:05:15 AM] Gamercize UK: I am H :)

[11:05:41 AM] Helena Baert: just question.... has anybody investigate exergaming and mental illness? just curious

[11:05:52 AM] Gamercize UK: hmmm, not sure

[11:07:08 AM] Gamercize UK: Stephen might know, or Sheryl?

[11:07:16 AM] Helena Baert: cool!